



## 2019 RACE SCHEDULE

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| <b>May 4</b>   | Abe's Mini and Pioneer Sprint  | <b>Sept 7</b>  | All Terrain Triathlons - Cougar Sprint & Wildcat Olympic |
| <b>May 25</b>  | Capital City Biathlon  | <b>Sept 14</b> | Moonlight Miles at Oak Ridge Cemetery                    |
| <b>June 15</b> | Stovepipe Sprint, Railsplitter Olympic and Illinois Half Distance Triathlons | <b>Sept 28</b> | Panther Creek Prowl - Ultra Trail Run                    |
| <b>July 13</b> | Illinois Aquathlon   | <b>Oct. 26</b> | Sangamon Valley Trail Runs                               |
| <b>July 27</b> | Stoneman Sprint, Abe's Olympic and Route 66 Half Distance Triathlons         | <b>Nov. 2</b>  | Run for L:fe   |
| <b>Aug 25</b>  | Dan Adair MD, Memorial Triathlons  | <b>Nov. 16</b> | Abe's Trail Trek   |